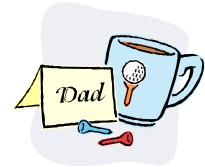




Shining Stars Academy @ Ballantyne

June Menu



MONDAY <i>Vegetarian Day</i>	TUESDAY <i>Chicken Day</i>	WEDNESDAY <i>Sandwich/Salad Day</i>	THURSDAY <i>Turkey Day</i>	FRIDAY <i>International Day</i>
	1	2	3	4
	MS: Pancakes, Fruit Cocktail, Milk L: Chicken Dumplings, California Vegetables, Pineapples, Milk VL: Potato Dumplings AS: Wheat Thins, Juice	MS: French Toast Sticks, Strawberries, Milk L: Turkey & Cheese Wraps w/ tomatoes, Cucumber sticks w/ ranch, Fruit Cocktail, Milk VL: Veggie Burgers AS: Assorted Cookies, Juice	MS: Cheese Biscuit, Milk L: Baked Spaghetti (Ground turkey), Fruit Cocktail, Corn, Milk VL: Spaghetti w/ tomato sauce AS: Cheez Its, Juice	MS: Waffles, Sliced Apples, Milk L: Cheese Pizza, Broccoli, Peaches, Milk AS: Pudding w/ triple berries, Water
7	8	9	10	11
MS: Cereal, Blueberries, Milk L: Rice & Kidney Beans, Vegetable Medley, Applesauce, Milk AS: Blueberry Bread, Juice	MS: Cheese Toast, Fruit Cocktail, Milk L: Chicken Tenderloins, Scalloped Potatoes, Green Beans, Fruit Cocktail, Milk VL: Scalloped Potatoes with Cheese AS: Sliced Oranges, Crackers, Water	MS: Waffles, Strawberries, Milk L: Sloppy Joes, Pasta Salad (pasta with vegetables and Italian dressing), Peaches, Milk VL: Vegetarian Burger AS: Bagel Crisps, Juice	MS: Biscuits, Sliced Apples, Milk L: Ground Turkey Tacos, Rice, Corn, Tropical Fruit, Milk VL: Veggie Tacos/Burger AS: Yogurt & Berries, Water	MS: French Toast Sticks, Pineapples, Milk L: Cheese Pizza, Broccoli, Sliced Apples, Milk AS: Animal Crackers, Juice
14	15	16	17	18
MS: Cereal, Strawberries, Milk L: Bean Burrito, Yellow Rice, Sweet Peas, Tropical Fruit, Milk AS: Cheese Cubes, Crackers, Juice	MS: Sausage Biscuits, Milk L: Chicken & Cheese Quesadillas, Yellow Rice, Sweet Peas, Tropical Fruit, Milk VL: Cheese Quesadillas AS: Rice Krispy Treats, Juice	MS: Buttered Toast, Apple Slices, Milk L: Chicken Sandwich w/cheese, Peas, Pears, Milk VL: Mac N Cheese AS: Cheese Cubes & Wheat Thins, Juice	MS: Blueberry Pancakes, Milk L: Sheppard's Pie w/ ground turkey, mashed potatoes, and cheese, Green Beans, Applesauce, Milk AS: Graham Crackers, Juice	MS: Nutri Grain Bars, Tropical Fruit, Milk L: Pepperoni Pizza, Tossed Salad w/ Cucumbers & Tomatoes, Pineapples, Milk VL: Cheese Pizza AS: Nachos, Juice
22	23	24	25	26
MS: Cereal, Bananas, Milk L: Cheese Ravioli, Green Beans, Bread, Tropical Fruit, Milk AS: Bagel Crisps, Juice	MS: Waffles, Mixed Fruit, Milk L: Chicken Alfredo Penne Pasta, Broccoli, Peaches, Milk, Bread VL: Penne w/ Alfredo & Veggies AS: Goldfish, Juice	MS: French Toast Sticks, Tropical Fruit, Milk L: Grilled Cheese Sandwiches, Pineapples, Ranch Pasta Salad, Milk AS: Pretzels, Juice	MS: Cheese Biscuits, Pineapples, Milk L: Turk a Roni, California Vegetables, Applesauce, Milk VL: Pasta with Garlic Butter Sauce & Veggies AS: Go Gurts, Juice	MS: Buttered Toast w/ Jelly, Milk L: Cheese pizza, Sweet Peas, Fruit Cocktail, Milk AS: Vanilla Wafers, Juice
28	29	30	July 1	July 2
MS: Cereal, Bananas, Milk L: Baked Macaroni and Cheese, Tossed Salad with Ranch dressing, Cantaloupe, Bread, Milk AS: Chex Mix, Juice	MS: French Toast Sticks, Strawberries, Milk L: Baked Chicken, Mashed Potatoes, California Vegetables, Pineapples, Milk VL: Mashed Potatoes w/ Cheese AS: Ritz crackers & string cheese, Juice	MS: Cheese Biscuits, Fruit Cocktail, Milk L: Chicken Salad Sandwiches, Peaches, Milk VL: Egg Salad Sandwiches AS: Pudding, Juice	MS: Pancakes, Mixed Fruit, Milk L: Turkey & Cheese Wraps with Lettuce & Cheese, Corn, Peaches, Milk VL: Vegetable Wrap AS: Bagel Crisps, Juice	MS: Toast w/ Fruit Jelly, Milk L: Pepperoni Pizza, Green Beans, Fruit Cocktail, Milk VL: Cheese Pizza AS: Animal Crackers, Juice

F.Y.I.

(Menu Subject to Change)

Menu Notes: 100% Fruit Juice (Apple, Orange, Pineapple or Grape) is provided with our afternoon snack. **Daily Drinking Water provided by classroom staff.**

Fruit Yogurt is an all natural, with live cultures, gluten and gelatin free product available in a variety of flavors (fruit & vanilla). Milk is rBST Hormone Free.

Please Note: **MS: Morning Snack; L: Lunch, AS: Afternoon Snack, VL: Vegetarian Option, Fruit or Juice, Water/Milk is included with every snack/lunch.**